## Spina Bifida Clinics in Canada

Spina bifida clinics aim to provide you an opportunity to meet with your team of spina bifida specialists on a regular basis. They provide monitoring and testing and take a holistic approach to care. Your local treatment centre will be involved in more regular treatment blocks and hands-on assessment.

The spina bifida clinic will often have physicians, nurses and allied health professionals work together regarding development, bladder, bowel, orthopedic concerns, mobility and neurosurgery. You will likely attend a clinic every six to twelve months. Generally, as your child ages, clinic visits are longer apart. Some specialists are not available on clinic days and follow up with each individual specialist is needed. Some families find spina bifida clinics do not meet their needs and have individual follow-up. Families often find spina bifida clinic days to be helpful, but long.

There are 14 spina bifida clinics throughout Canada. Northern Canada and the East Coast of Canada have access to spina bifida clinics that are out of province. Many clinics are limited to a specific rgsion or province. Shriners Hospital for Children is located in Montreal, Quebec and is available to anyone living in Canada.





Fetal Surgery, a referral can be made for anyone in Canada

Toronto,	Ontario Fetal Centre	Fetal Surgery
Ontario	Mount Sinai Hospital	Currently the only fetal
	700 University Avenue	surgery option in Canada
	Toronto, ON	
	M5G 1Z5	

The following are pediatric spina bifida clinics for children under 18 years old, unless otherwise stated

	Hospital	Specialties	
<b>Yukon Northw</b>	Yukon Northwest Territories		
See British Colu	mbia		
Northwest Territories			
See Edmonton, Alberta			
Northwest Territories Nunavut			
See Ottawa,	Partnership with Children's Hospital of Eastern Ontario	Collaborative partnership	
Ontario			
British Columbia			
Vancouver	BC Children's Hospital	Spinal Cord Clinic	

<b>.</b>		
Alberta	4480 Oak Street Vancouver, BC V6H 3V4 www.bcchildrens.ca/ Spinal Cord Clinic 604-875-2345 1-888-300-3088	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Orthopaedic surgeon</li> <li>Physiotherapy</li> <li>Occupational therapy</li> <li>Nursing practitioner</li> <li>Social work</li> </ul> Orthotist Gait assessment
Edmonton	Glenrose Rehabilitation Hospital 10230 111 Ave NW, Edmonton, AB T5G 0B7 www.albertahealthservices.ca/grh/grh.aspx 780-735-7999 Ext. 15348 (Clinical Inquiries) 780-735-6077 (Fax Referral)	Spina Bifida clinic pediatric adolescent adult Urology Neurology Physiotherapy Speech and language Orthopaedic surgeon Orthotist Social work
Calgary	Alberta Children's Hospital 28 Oki Drive NW Calgary, AB T3B 6A8 www.albertahealthservices.ca/facilities/ach/	Pediatric Myelomeningocele clinic
Saskatchewar Saskatoon	Kinsmen Children's Centre Alvin Buckwold Child Development Program  1319 Colony St Saskatoon, SK S7N 2Z1 www.saskatoonhealthregion.ca/locations_services/Services/Alvin-Buckwold/pages/contact-us.aspx  Centralized intake Nursing	Spinal cord clinic  Neurosurgery  Orthopaedic surgeon  Urology  Paediatrics  Psychology  Social Work  Orthotist  Occupation therapy

		<ul><li>Physical therapy</li><li>phychiatrist</li></ul>
Manitoba		
Winnipeg	Rehabilitation Centre for Children (SSCY)  1155 Notre Dame Ave Winnipeg, MB R3E 3G1 rccinc.ca/	Spina bifida clinic Urology Paediatrician Orthopaedic surgeon Occupation therapy Physical therapy Orthotist
Ontario		
Toronto	Holland Bloorview Kids Rehabilitation Hospital 150 Kilgour Road Toronto, Ontario, Canada M4G 1R8 hollandbloorview.ca/	Spina Bifida clinic  Developmental Paediatrician  Nursing practitioner  Occupational therapy Speech-language Social work Psychologist Life skills coach Ambulatory care nursing Physiotherapy Urology Orthopaedic surgeon
Hamilton	McMaster Children's Hospital 1200 Main Street West Hamilton, ON L8N 3Z5 www.hamiltonhealthsciences.ca/mcmaster-childrens-hospital/	Spina Bifida Clinic  Neurosurgery Physiotherapy Nursing Orthoptist Physiatry Developmental Paediatrician Orthopaedic surgeon urologist  Neuropsychological assessment
London	Thames Valley Children's Centre 779 Base Line Road East London, ON N6C 5Y6 www.tvcc.on.ca/	Spina Bifida Clinic     Orthopaedic surgeon     Paediatrician     Urologist     Nursing Practitioner

		Neurosurgery Nurse
		Practitioner
		<ul><li>Physiotherapy</li></ul>
		Occupational therapy
		Social work
		Social Work
		Dietician
Kingston	Kids Inclusive Centre for Child & Youth Development	Spina Bifida/Myelodysplasia
itingston	Kingston Health Sciences Centre, Hotel Dieu Site	Team
	166 Brock Street	Seating and mobility clinic
	Kingston, ON	Physiotherapy
	K7L 5G2	Occupational therapy
	kidsinclusive.ca/	Speech-language
	<u>Kidalificidalive.edy</u>	Social work
		Paediatrician
		Psychology
		Coordinated service planning
Ottawa	Children's Hospital of Eastern Ontario	Spina Bifida & Neuromuscular
Ottawa	401 Smyth Road	Clinic
	Ottawa, Ontario K1H 8L1	Urology clinic
	www.cheo.on.ca/en/index.aspx	Neurosurgery
	www.cneo.on.ca/en/index.aspx	*collaborative program with
		Nunavut
Quebec		Nunavat
Mantráal	Montreal Children's Hespital	Cning hifida clinic
Montréal	Montreal Children's Hospital	Spina bifida clinic
Montréal	1001 Boulevard Décarie	<ul> <li>Neurosurgery</li> </ul>
Montréal	1001 Boulevard Décarie Montréal, QC	<ul><li>Neurosurgery</li><li>Urology</li></ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1	<ul> <li>Neurosurgery</li> </ul>
Montréal	1001 Boulevard Décarie Montréal, QC	<ul><li>Neurosurgery</li><li>Urology</li></ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1	<ul><li>Neurosurgery</li><li>Urology</li><li>Paediatrician</li></ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1	<ul><li>Neurosurgery</li><li>Urology</li><li>Paediatrician</li><li>Physiotherapy</li><li>Nursing</li></ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> </ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1	<ul><li>Neurosurgery</li><li>Urology</li><li>Paediatrician</li><li>Physiotherapy</li><li>Nursing</li></ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> <li>Occupational therapy</li> </ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> </ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> <li>Occupational therapy</li> </ul> Neurology
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> <li>Occupational therapy</li> </ul> Neurology ENT clinic
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1 www.thechildren.com/	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> <li>Occupational therapy</li> </ul> Neurology ENT clinic Gastrointestinal
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1 www.thechildren.com/  Hôpitaux Shriners pour enfants – Canada	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> <li>Occupational therapy</li> </ul> Neurology ENT clinic Gastrointestinal Spina Bifida clinic <ul> <li>Neurosurgery</li> </ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1 www.thechildren.com/  Hôpitaux Shriners pour enfants – Canada 1003 Boulevard Décarie	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> <li>Occupational therapy</li> <li>Neurology</li> <li>ENT clinic</li> <li>Gastrointestinal</li> <li>Spina Bifida clinic</li> <li>Neurosurgery</li> <li>Orthopaedic</li> </ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1 www.thechildren.com/  Hôpitaux Shriners pour enfants – Canada 1003 Boulevard Décarie Montréal, QC	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> <li>Occupational therapy</li> <li>Neurology</li> <li>ENT clinic</li> <li>Gastrointestinal</li> <li>Spina Bifida clinic</li> <li>Neurosurgery</li> <li>Orthopaedic</li> <li>Physiotherapy</li> </ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1 www.thechildren.com/  Hôpitaux Shriners pour enfants – Canada 1003 Boulevard Décarie Montréal, QC H4A 0A9	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> <li>Occupational therapy</li> <li>Neurology</li> <li>ENT clinic</li> <li>Gastrointestinal</li> <li>Spina Bifida clinic</li> <li>Neurosurgery</li> <li>Orthopaedic</li> <li>Physiotherapy</li> <li>Occupational therapy</li> </ul>
Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1 www.thechildren.com/  Hôpitaux Shriners pour enfants – Canada 1003 Boulevard Décarie Montréal, QC H4A 0A9 www.shrinershospitalsforchildren.org/shc (EN)	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> <li>Occupational therapy</li> <li>Neurology</li> <li>ENT clinic</li> <li>Gastrointestinal</li> <li>Spina Bifida clinic</li> <li>Neurosurgery</li> <li>Orthopaedic</li> <li>Physiotherapy</li> </ul>
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Montréal	1001 Boulevard Décarie Montréal, QC H4A 3J1 www.thechildren.com/  Hôpitaux Shriners pour enfants – Canada 1003 Boulevard Décarie Montréal, QC H4A 0A9 www.shrinershospitalsforchildren.org/shc (EN)	<ul> <li>Neurosurgery</li> <li>Urology</li> <li>Paediatrician</li> <li>Physiotherapy</li> <li>Nursing</li> <li>Orthopaedic</li> <li>Occupational therapy</li> <li>Neurology</li> <li>ENT clinic</li> <li>Gastrointestinal</li> <li>Spina Bifida clinic</li> <li>Neurosurgery</li> <li>Orthopaedic</li> <li>Physiotherapy</li> <li>Occupational therapy</li> <li>Orthotist</li> <li>Assistive technology</li> </ul>

		Paediatrician
		Any patient living in Canada
		can be referred/transferred
New Brunswic	:k	
•	ntre, can refer to <u>Hospital for Sick Children</u> (Toronto or <u>IWK Health Centre</u> (Halifax, NS)	o, ON), <u>Shriners Hospitals for Children</u>
Fredericton	Stan Cassidy Centre for Rehabilitation 800 Priestman St Fredericton, NB E3B 0C7 www.stancassidy.ca/	Neuromotor team
Nova Scotia		Orthopaedic clinic (with twik)
Halifax	IWK Health Centre 5980 University Ave Halifax, NS B3K 6R8 www.iwk.nshealth.ca/	Spina Bifida Clinic  Nursing  Neurosurgeon  Orthopaedic surgeon  Urologist  Occupational therapy  Physiotherapy  Social work  Paediatrician Developmental clinic Eye clinic Nutritionist Neuropsychology Neurology Nephrology
	QE2 Hospital	Adult Spina bifida clinic

## Prince Edward Island

No pediatric centre, can refer to <u>Hospital for Sick Children</u> (Toronto, ON), <u>Shriners Hospitals for Children</u> (Montreal, QC) or <u>IWK Health Centre</u> (Halifax, NS)

Newfoundland and Labrador		
St Johns	Janeway Children's Health and Rehabilitation Centre	Social work
	300 Prince Philip Drive	Psychologist
	St. John's, NL	Paediatrician
	A1A 3V6	Orthopaedic surgeon
	www.easternhealth.ca/AboutEH.aspx?d=3&id=789&p	Urology
	<u>=724</u>	Neurosurgery
		Physiotherapy
		Occupation therapist
		Nursing
		Orthotist
		Bowel specialist